



## Elementary School Lunch Menu

### April 2023

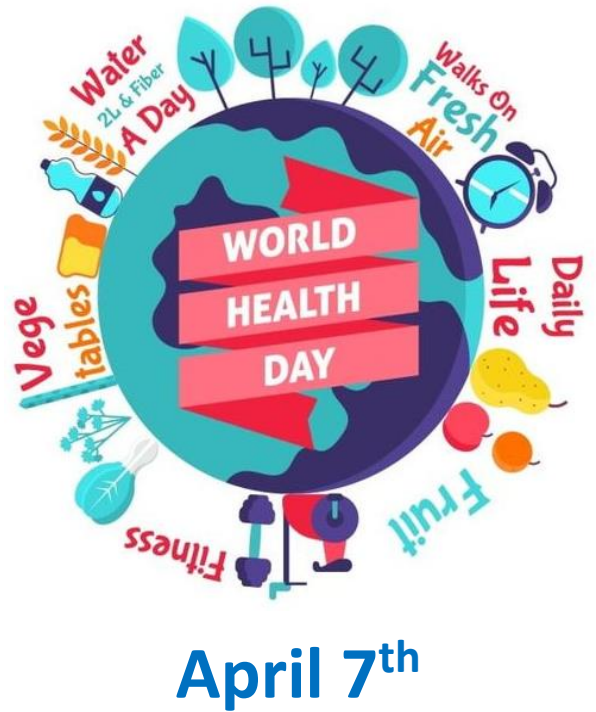
Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b></p> <p>Seasoned Red Beans Steamed Rice Seasoned Glazed Carrots Tossed Salad w/ Choice of Dressing Whole Wheat Cornbread</p> <p><b>Offer:</b> Ham &amp; Cheese Po Boy / Wrap</p>	<p><b>4</b></p> <p>Turkey / Chicken Taco w/ Corn Shell / Soft Tortilla Shell Seasoned Corn- On - Cob Taco Salad Fixings w/ Shredded Cheese Whole Wheat Cinnamon</p> <p><b>Offer:</b> Cheeseburger Slider</p>	<p><b>5</b></p> <p><b>EASTER DINNER</b> Sliced Baked Ham Baked Macaroni Seasoned Broccoli Spears Garden Salad w/ Choice of Dressing Whole Wheat Roll Yellow Cake w/ Icing</p> <p><b>Offer:</b> Beef Chili Cheese Fries</p>	<p><b>6</b></p> <p>Meatballs w/ Creole Gravy Garnished Spaghetti Seasoned Green Beans Tossed Salad w/ Choice of Dressing Garlic French Bread</p> <p><b>Offer:</b> Cheesy Bottom Pepperoni Pizza</p>	<p><b>7</b></p> <p><i>Good Friday</i></p> 
<p><b>10</b></p>  <p><i>Spring Break!</i></p>	<p><b>11</b></p> <p>Cheeseburger / Hamburger / French Bread/ Bun Crispy French Fries Seasoned Baked Beans Sandwich Salad w/ Fresh Sliced Onion &amp; Spinach Leaf</p> <p><b>Offer:</b> Hot Dog w/ Chili / French Bread/ Bun</p>	<p><b>12</b></p> <p>Crispy Chicken Chunks Sweet Potato Fries Seasoned Mixed Vegetables Tossed Salad w/ Choice of Dressing Whole Wheat Roll</p> <p><b>Offer:</b> Chicken Fajita Wrap</p>	<p><b>13</b></p> <p>Beef Chili &amp; Cheese Fries Nacho Chips w/ Diced Chicken &amp; Cheese Seasoned Whole Kernel Corn Fresh Relish Cup (Broccoli &amp; Cauliflower Florets w/ Ranch)</p> <p><b>Offer:</b> Garlic Butter Edge Pepperoni / Cheese Pizza</p>	<p><b>14</b></p> <p>Sloppy Joe / Bun Crispy French fries Seasoned Baked Beans Tossed Salad w/ Choice of Dressing Whole Wheat Sugar Cookies w/ Cranberries</p> <p><b>Offer:</b> Tuna Salad / Bun / Salad Shaker w/ Tuna</p>
<p><b>17</b></p> <p>Seasoned Red Beans Steamed Rice Glazed Sliced Carrots Tossed Salad w/ Choice of Dressing Whole Wheat Cornbread</p> <p><b>Offer:</b> Crispy Mini Corn Dogs / Roll</p>	<p><b>18</b></p> <p>Garlic Butter Edge Pepperoni / Cheese Pizza Seasoned Whole Kernel Corn Tossed Salad w/ Choice of Dressing Raisin Oatmeal Cookie</p> <p><b>Offer:</b> Beef Chili Cheese Fries</p>	<p><b>19</b></p> <p>Stewed Chicken w/ Brown Gravy Steamed Rice Seasoned Green Beans Tossed Salad w/ Choice of Dressing Whole Wheat Roll</p> <p><b>Offer:</b> Chicken Chunks</p>	<p><b>20</b></p> <p>Beef Spaghetti Sauce Garnished Spaghetti Seasoned Broccoli Spears Tossed Salad w/ Choice of Dressing Garlic French Bread</p> <p><b>Offer:</b> Cheesy Bottom Pepperoni Pizza</p>	<p><b>21</b></p> <p>Cheeseburger / Hamburger French Bread / Bun Seasoned Baked Beans Sweet Potato Fries Sandwich Salad w/ Fresh Sliced Onion &amp; Spinach Leaf</p> <p><b>Offer:</b> Hot Dog w/ Chili French Bread / Bun</p>

<p><b>24</b></p> <p>Seasoned Navy Beans Steamed Rice Seasoned Mustard Greens Tossed Salad w/ Choice of Dressing Whole Wheat Cornbread</p> <p><b>Offer:</b> Garlic Butter Edge Pepperoni Pizza</p>	<p><b>25</b></p> <p>Salisbury Steak w/ Brown Gravy Mashed Potatoes Seasoned Green Beans Tossed Salad w/ Choice of Dressing Whole Wheat Roll</p> <p><b>Offer:</b> Cheeseburger Slider</p>	<p><b>26</b></p> <p>Hot Dog w/ Chili / French Bread / Bun Seasoned Baked Beans Fresh Carrots, Celery, Broccoli, &amp; Cauliflower Florets w/ Ranch Dressing BIRTHDAY CELEBRATION!!!! Yellow Cake w/ Icing</p> <p><b>Offer:</b> Crispy Chicken Patty/ Bun</p>	<p><b>27</b></p> <p>Orange Tangerine Chicken Vegetable Rice Seasoned Winter Greens Tossed Salad w/ Choice of Dressing Whole Wheat Roll</p> <p><b>Offer:</b> Ham &amp; Cheese Po Boy / Wrap</p>	<p><b>28</b></p> <p>Oven Fried Southern Fish Sticks Scalloped Potatoes Seasoned Green Beans w/ Ham &amp; Potatoes Tossed Salad w/ Choice of Dressing Whole Wheat Roll</p> <p><b>Offer:</b> Cheesy Bottom Pepperoni Pizza</p>
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Menu Subject to Change

<p><i>Available Daily</i></p> <p>All meals offer a choice of Canned &amp; Fresh Fruit and a variety of Condiments.</p>	<p><i>Choice Of Cold Milk Daily</i></p> <p>Fat Free <b>Chocolate</b>, Low Fat <b>White</b>, <b>Strawberry</b> &amp; Skim</p>
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## Nation Walk Day



# NOLA PUBLIC SCHOOLS

## BREAKFAST MENU

**April 2023**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b>  <b>Choice Of:</b> Golden Toast Fruity Cinnamon Oatmeal Whole Grain Assorted Muffin Grilled Pork Sausage Patty	<b>4</b>  <b>Choice Of:</b> Grilled Ham Finger Grits Whole Grain Assorted Toaster Pastry Whole Grain Hand Split Biscuit	<b>5</b>  <b>Choice Of:</b> Whole Grain Mini Waffles Grilled Turkey Sausage Patty American Cheese Stick Whole Grain Breakfast Bar	<b>6</b>  <b>Choice Of:</b> Cheesy Grits Crispy Turkey Bacon Golden Toast Colby Cheese Omelet Whole Grain Donut Ring	<b>7</b>  <b>Good Friday</b> <b>Spring Break</b> 
<b>10</b>  	<b>11</b>  <b>Choice Of:</b> Whole Grain Mini Pancakes Grilled Turkey Sausage Patty Open Face Cheese Toast Crispy Turkey Bacon	<b>12</b>  <b>Choice Of:</b> Whole Grain Assorted Cereal American Cheese Stick Whole Grain French Toast Sticks Grilled Canadian Bacon	<b>13</b>  <b>Choice Of:</b> Fruity Brown Sugar Oatmeal Golden Toast Whole Grain Mini Waffles Grilled Pork Sausage Patty	<b>14</b>  <b>Choice Of:</b> Grits Crispy Turkey Bacon Golden Toast Grilled Egg Patty Whole Grain Assorted Muffin
<b>17</b>  <b>Choice Of:</b> Turkey & Sausage Breakfast Pizza Grits Grilled Pork Sausage Patty Whole Grain Donut Holes	<b>18</b>  <b>Choice Of:</b> Cheesy Grits Grilled Canadian Bacon Open Face Grilled Cheese Toast Whole Grain Assorted Muffin	<b>19</b>  <b>Choice Of:</b> Breakfast Country Scramble Whole Grain Breakfast Cereal Bar Whole Grain Hand Split Biscuit Grilled Pork Sausage Patty	<b>20</b>  <b>Choice Of:</b> Whole Grain Cinnamon French Toast Grilled Turkey Sausage Link Colby Egg Omelet Whole Grain Mini Pancake	<b>21</b>  <b>Choice Of:</b> Fruity Cinnamon Oatmeal Golden Toast American Cheese Stick Grilled Ham Finger Whole Grain Assorted Strawberry Toaster Pastry
<b>24</b>  <b>Choice Of:</b> Whole Grain Mini Waffles Colby Egg Omelet Whole Grain Mini French Toast Sticks Grits Crispy Turkey Bacon Strips	<b>25</b>  <b>Choice Of:</b> Whole Grain Mini Pancake Grilled Egg Patty Turkey & Sausage Breakfast Pizza Whole Grain Cereal Golden Toast	<b>26</b>  <b>Choice Of:</b> Whole Grain Hand Split Biscuit Grilled Turkey Sausage Link Grits American Sliced Cheese	<b>27</b>  <b>Choice Of:</b> Fruity Brown Sugar Oatmeal American Cheese Stick Golden Toast Breakfast Country Scramble Whole Grain Breakfast Bar	<b>28</b>  <b>Choice Of:</b> Cheesy Grits Grilled Pork Sausage Patty Whole Grain Mini French Toast Stick Colby Egg Omelet Whole Grain Donut Ring

Available Daily

All Meals offers a choice of Chilled Fruit Juice, Fresh & Canned Fruit, and Breakfast Condiments.

Choice of Cold Milk Daily

Fat Free **Chocolate**, Low Fat **White**, **Strawberry** & Skim

Menu Subject to Change

Daily Breakfast Meal Pattern Requirement for K – 12th Grade

Three Components:

Grain - 1 – 2 Ounces

Fruit - 1 Cup

Milk - 8 Ounces



**April 7<sup>th</sup>**