

## Breakfast Menu

August 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>4</b> <b>Breakfast Menu</b> <b>Offer A Choice:</b></p> <p>Whole Grain Assorted Cereal w/ Cheese Stick / Golden Toast</p> <p><b>Or</b></p> <p>Whole Grain Assorted Muffin ( 1 ) Sliced Bacon Strip</p> <p><b>Offer Two of The Three Item:</b></p> <p>Chilled Orange Juice Canned Apricots Fresh Assorted Grapes</p> <p><b>Chilled Assorted Fat - Free / Low Fat Milk</b></p>	<p><b>5</b> <b>Breakfast Menu</b> <b>Offer A Choice:</b></p> <p>Seasoned Corn Grits w/ Colby Cheese Omelet / Golden Toast</p> <p><b>Or</b></p> <p>Whole Grain waffles w/ Syrup ( 1 ) Sliced Bacon Strip</p> <p><b>Offer: Two of The Three Items:</b></p> <p>Chilled apple Juice Fresh Orange Circles Canned Pineapple Tidbits</p> <p><b>Chilled Assorted Fat - Free / Low Fat Milk</b></p>	<p><b>6</b> <b>Breakfast Menu</b> <b>Offer A Choice:</b></p> <p>Whole Grain Mini Pancake w/ Turkey Sausage Patty</p> <p><b>Or</b></p> <p>Scrambled Egg Seasoned Corn Grits / Golden Toast</p> <p><b>Offer: Two of The Three Items:</b></p> <p>Chilled Orange Juice Fresh Apple Quarters Canned Mixed Fruit</p> <p><b>Chilled Assorted Fat - Free / Low Fat Milk</b></p>	<p><b>7</b> <b>Breakfast Menu</b> <b>Offer A Choice:</b></p> <p>Fruity Oatmeal w/ Golden Toast / Sliced Ham Finger</p> <p><b>Or</b></p> <p>Whole Grain Assorted Toaster Pastry Scrambled Egg</p> <p><b>Offer: Two of The Three Items:</b></p> <p>Chilled Apple Juice Cubed Cantaloupe Canned Diced Pears</p> <p><b>Chilled Assorted Fat - Free / Low Fat Milk</b></p>	<p><b>8</b> <b>Breakfast Menu</b> <b>Offer A Choice:</b></p> <p>Whole Grain Graham Crackers w/ Berry Yogurt Parfait</p> <p><b>Or</b></p> <p>Open Face Cheese Toast w/ Boiled Egg</p> <p><b>Offer: Two of The Three Items:</b></p> <p>Chilled Orange Juice Fresh Banana Canned Sliced Peaches</p> <p><b>Chilled Assorted Fat - Free / Low Fat Milk</b></p>
<p><b>11</b> <b>Breakfast Menu</b> <b>Offer A Choice:</b></p> <p>Fruity Cinnamon Oatmeal w/ Golden Toast / Cheese &amp; Bacon Egg Bites</p> <p><b>Or</b></p> <p>Whole Grain Assorted Muffin ( 1 ) Sliced Bacon Strip</p>	<p><b>12</b> <b>Breakfast Menu</b> <b>Offer A Choice:</b></p> <p>Seasoned Corn Grits w/ Canadian Bacon / Golden Toast</p> <p><b>Or</b></p> <p>Whole Grain Assorted Toaster Pastry Colby Cheese Omelet</p>	<p><b>13</b> <b>Breakfast Menu</b> <b>Offer A Choice:</b></p> <p>Whole Grain Graham Crackers w/ Yogurt Parfait / Cheese Stick</p> <p><b>Or</b></p> <p>Breakfast Bar Whole Grain Strawberry (Nutri Grain) ( 1 ) Sliced Bacon Strip</p>	<p><b>14</b> <b>Breakfast Menu</b> <b>Offer A Choice:</b></p> <p>Cheesy Corn Grits w/ Turkey Sausage Link</p> <p><b>Or</b></p> <p>Whole Grain Mini French Toast w/ syrup / Scrambled Egg</p>	<p><b>15</b> <b>Breakfast Menu</b> <b>Offer A Choice:</b></p> <p>Whole Grain Mini Pancake w/ syrup Turkey Sausage Patty</p> <p><b>Or</b></p> <p>Whole Grain Assorted Cereal / Golden Toast/ Cheese Stick</p>

<p><b>Offer Two of The Three Items:</b></p> <p>Chilled Apple Juice Fresh Mixed Berry Cup Canned Mixed Fruit</p> <p><b>Chilled Assorted Fat – Free / Low Fat Milk</b></p>	<p><b>Offer Two of The Three Items:</b></p> <p>Chilled Orange Juice Cubed Cantaloupe Canned Diced Pears</p> <p><b>Chilled Assorted Fat – Free / Low Fat Milk</b></p>	<p><b>Offer Two of The Three Items:</b></p> <p>Chilled Apple Juice Fresh Orange Wheels Canned Sliced Peaches</p> <p><b>Chilled Assorted Fat – Free / Low Fat Milk</b></p>	<p><b>Offer Two of The Three Items:</b></p> <p>Chilled Orange Juice Fresh Apple Quarter Canned Pineapple Tidbits</p> <p><b>Chilled Assorted Fat – Free / Low Fat Milk</b></p>	<p><b>Offer Two of The Three Items:</b></p> <p>Chilled Apple Juice Fresh Banana Canned Orange Mandarin Section</p> <p><b>Chilled Assorted Fat – Free / Low fat Milk</b></p>
<p><b>18 Breakfast Menu Offer A Choice:</b></p> <p>Seasoned Corn Grits w/ Colby Cheese Omelet</p> <p><b>Or</b></p> <p>Whole Grain Mini Waffles w/ Syrup / (1) Bacon Strip</p> <p><b>Offer Two of The Three Items</b></p> <p>Chilled Apple Juice Assorted Grapes Canned Orange Mandarin Section</p> <p><b>Chilled Assorted Fat – Free / Low Fat Milk</b></p>	<p><b>19 Breakfast Menu Offer A Choice:</b></p> <p>Whole Grain Mini Pancake w/ Syrup / (1) Bacon Strip</p> <p><b>Or</b></p> <p>Whole Grain Cereal w/ Golden Toast / Cheese Stick</p> <p><b>Offer Two of The Three Items:</b></p> <p>Chilled Orange Juice Orange Circles Canned Diced Pears</p> <p><b>Chilled Assorted Fat - Free / Low Fat Milk</b></p>	<p><b>20 Breakfast Menu Offer A Choice:</b></p> <p>Whole Grain Graham Crackers w/ Berries /Or Fruit Yogurt Parfait</p> <p><b>Or</b></p> <p>Open Face Cheese Toast w/ Scrambled Egg</p> <p><b>Offer Two of The Three Items:</b></p> <p>Chilled Apple Juice Cubed Cantaloupe Canned Pineapple Tidbits</p> <p><b>Chilled Assorted Fat – Free / Low Fat Milk</b></p>	<p><b>21 Breakfast Menu Offer A Choice:</b></p> <p>Fruity Oatmeal w/ Cheese Stick / Golden Toast</p> <p><b>Or</b></p> <p>Whole Grain Mini Pancake w/ Syrup / (1) Bacon Strip</p> <p><b>Offer Two of The Three Items:</b></p> <p>Chilled Orange Juice Apple Quarters Canned Sliced Peaches</p> <p><b>Chilled Assorted Fat – Free- / Low Fat Milk</b></p>	<p><b>22 Breakfast Menu Offer A Choice:</b></p> <p>Seasoned Corn Grits w/ Colby Cheese Omelet / Golden Toast</p> <p><b>Or</b></p> <p>Whole Grain Assorted Muffin Colby Cheese Omelet</p> <p><b>Offer Two of The Three Items:</b></p> <p>Chilled Apple Juice Banana Canned Mixed fruit</p> <p><b>Chilled Assorted Fat – Free / Low Fat Milk</b></p>

<p><b>25</b> <b>Breakfast Menu</b> <b>Offer A Choice:</b></p> <p>Seasoned Corn Grits w/ Pork Sausage Patty / Golden Toast</p> <p><b>Or</b></p> <p>Whole Grain Strawberry Breakfast Bar (Nutri Grain) ( 1 ) Sliced Bacon Strip</p> <p><b>Offer Two of The Three Items:</b></p> <p>Chilled Orange Juice Fresh Diced Strawberry Cup Canned Mixed Fruit</p> <p><b>Chilled Assorted Fat _ Free / Low Fat Milk</b></p>	<p><b>26</b> <b>Breakfast Menu</b> <b>Offer A Choice:</b></p> <p>Whole Grain Assorted Muffin w/ (1) Bacon Strip</p> <p><b>Or</b></p> <p>Whole Grain Assorted Toaster Pastry w/ (1) Bacon Strip</p> <p><b>Offer Two of The Three Items:</b></p> <p>Chilled Apple Juice Cubed Cantaloupe Canned Pineapple Tidbits</p> <p><b>Chilled Assorted Fat – Free / Low Fat Milk</b></p>	<p><b>27</b> <b>Breakfast Menu</b> <b>Offer A Choice:</b></p> <p>Whole Grain Assorted Cereal w/ Cheese Stick / Golden Toast</p> <p><b>Or</b></p> <p>Whole Grain Mini French Toast w/ Syrup / Scrambled Egg</p> <p><b>Offer Two of The Three Items:</b></p> <p>Chilled Orange Juice Assorted Grapes Canned Sliced Peaches</p> <p><b>Chilled Assorted Fat – Free / Low Fat Milk</b></p>	<p><b>28</b> <b>Breakfast Menu</b> <b>Offer A Choice:</b></p> <p>Whole Grain Pancake w/Sausage Link / Assorted Yogurt</p> <p><b>Or</b></p> <p>Seasoned Corn Grits w/ Colby Cheese Omelet / Golden Toast</p> <p><b>Offer Two of The Three Items:</b></p> <p>Chilled Apple Juice Orange Circles Canned Diced Pears</p> <p><b>Chilled Assorted Fat – Free / Low Fat Milk</b></p>	<p><b>29</b> <b>Breakfast Menu</b> <b>Offer A Choice:</b></p> <p>Fruity Cinnamon Oatmeal w/ Golden Toast / Canadian Bacon</p> <p><b>Or</b></p> <p>Open Face Cheese Toast w/ Sausage Patty</p> <p><b>Offer Two of The Three Items:</b></p> <p>Chilled Orange Juice Fresh Banana Canned Orange Mandarin</p> <p><b>Chilled Assorted Fat - Free / Low Fat Milk</b></p>


*This Institution Is an Equal Opportunity Provider*

*Menu Subject to Change*

**Please Note:**

Managers have the option to mix and match breakfast food items to offer choices that are favorable to students at your school.

**Available Daily**

All breakfast meals offer a choice of Fruit Juice, Fresh and Canned Fruit /Chilled Fat Free & Low - Fat Milk



**Elementary**  
**SCHOOL LUNCH and Snack MENU**  
**August 2025**

<p style="text-align: center;"><b>4</b></p> <p><b>Lunch</b>  Whole Grain  Pepperoni Skinny  Crust Pizza  Seasoned Whole  Kernel Corn  Sandwich Salad  Chilled Fresh &amp;  Canned Fruit</p> <p><b>Chilled Assorted Fat – Free/ Low Fat Milk</b></p> <p><b>Condiments</b></p> <p><b>Snack</b>  Whole Grain Cereal  Chilled Fat -Free / Low Fat Milk</p>	<p style="text-align: center;"><b>5</b></p> <p><b>Lunch</b>  Cheeseburger/ Bun / French Bread  Seasoned Baked Beans  Sandwich Salad  Broccoli Florets &amp; Carrot Sticks w/ Ranch Dressing  Chilled Fresh &amp; Canned Fruit</p> <p><b>Chilled Assorted Fat – Free / Low Fat</b></p> <p><b>Condiments</b></p> <p><b>Snack</b>  Breakfast Bar  Chilled Fat – Free / Low Fat Milk</p>	<p style="text-align: center;"><b>6</b></p> <p><b>Lunch</b>  Turkey Frank w/ Chili / Bun / French Bread  Small Cut Potato Wedges  Sandwich Salad  Carrot &amp; Celery Sticks w/ Ranch Dressing  Chilled Fresh &amp; Canned Fruit</p> <p><b>Chilled Assorted Fat – Free / Low Fat Milk</b></p> <p><b>Condiments</b></p> <p><b>Snack</b>  1/2 Ham &amp; Turkey Sandwich  Chilled Apple Grape Juice – 6oz.</p>	<p style="text-align: center;"><b>7</b></p> <p><b>Lunch</b>  Beef Meatballs w/ Italian Gravy  Garnish Spaghetti  Seasoned Green Peas  Tossed Salad w/ Low Fat Dressing  Whole Grain Roll  Chilled Fresh &amp; Canned Fruit</p> <p><b>Chilled Fat – Free/ Low Fat Milk</b></p> <p><b>Snack</b>  1/2 Turkey &amp; Cheese Sandwich  Chilled Fruit Juice- 6oz.</p>	<p style="text-align: center;"><b>8</b></p> <p><b>Lunch</b>  Oven Roasted Chicken Wings  Waffle Cut Fries  Carrot/ Celery Sticks w/ Ranch Dressing  Whole Grain Roll  Chilled Fresh &amp; Canned Fruit</p> <p><b>Chilled Fat – Free / Low Fat Milk</b></p> <p><b>Condiments</b></p> <p><b>Snack</b>  Whole Grain Toaster Pastry  Chilled Fat – Free / Low Fat Milk</p>
<p style="text-align: center;"><b>11</b></p> <p><b>Lunch</b>  Red Beans w/ Smoke Sausage  Steamed Rice  Seasoned Sliced Carrots  Tossed Salad w/ Low Fat Dressing  Whole Wheat Cornbread  Chilled Fresh &amp; Canned Fruit</p> <p><b>Chilled Fat – Free/ Low Fat Milk</b></p>	<p style="text-align: center;"><b>12</b></p> <p><b>Lunch</b>  Taco w/ Corn /Soft Tortilla Shell  Seasoned Corn On Cob &amp; Green Beans  Taco Fixings w/ Shredded Cheese  Whole Grain Cinnamon Roll  Chilled Fresh &amp; Canned Fruit</p> <p><b>Condiments</b></p> <p><b>Chilled Fat – Free / Low Fat Milk</b></p>	<p style="text-align: center;"><b>13</b></p> <p><b>Lunch</b>  Barbeque Pork Rib Patty w/ Sauce  Mashed Potatoes  Seasoned Mustard Greens  Tossed Salad w/ Low Fat Dressing  Whole Grain Roll  Chilled Fresh &amp; Canned Fruit</p> <p><b>Chilled Fat – Free / Low Fat Milk</b></p>	<p style="text-align: center;"><b>14</b></p> <p><b>Lunch</b>  Turkey Frank w/Chili / Bun/ French Bread  Small Cut Potato Wedges  Carrot &amp; Celery Sticks w/ Ranch Dressing  Chilled Fresh &amp; Canned Fruit  Plain Gelatin- Extra</p> <p><b>Condiments</b></p> <p><b>Chilled Fat – Free / Low Fat Mi</b></p>	<p style="text-align: center;"><b>15</b></p> <p><b>Lunch</b>  Oven Baked Fish Sticks  Baked Macaroni  Seasoned Broccoli Spears  Tossed Salad w/ Low Fat Dressing  Whole Grain Roll  Chilled Fresh &amp; Canned Fruit</p> <p><b>Condiments</b></p> <p><b>Chilled Fat – Free/ Low Fat Milk</b></p>

<b>Snack</b> 1/2 Ham & Cheese Sandwich Chilled Apple Juice	<b>Snack</b> Whole Grain Assorted Cereal Chilled Fat – Free / Low Fat Milk	<b>Snack</b> Whole Grain Breakfast Bar Chilled Assorted Fat – Free/ Low Fat Milk	<b>Snack</b> 1/2 Turkey & Cheese Sandwich Chilled Apple Juice	<b>Snack</b> Fresh Apple Cup Cheddar Cheese Stick
<b>18</b> <b>Lunch</b> Navy Beans w/ Cubed Ham Steamed Rice Seasoned Chopped Spinach Garden Salad w/ Low Fat Dressing Whole Grain Cornbread Chilled Fresh & Canned Fruit  <b>Chilled Assorted Fat – Free / Low Fat Milk</b>  <b>Snack</b>  Whole Grain Assorted Cereal Chilled Assorted Fat – Free / Low Fat Milk	<b>19</b> <b>Lunch</b> Baked Mesquite Chicken Parts Yellow Rice Seasoned Green Peas Tossed Salad w/ Low Fat Dressing Whole Grain roll Chilled Fresh & Canned Fruit  <b>Chilled Assorted Fat – Free / Low Fat Milk</b>  <b>Snack</b>  Whole Grain Breakfast Bar Chilled Assorted Fat – Free / Low Fat Milk	<b>20</b> <b>Lunch</b> Turkey Frank w/ Chili / Bun / French Bread Seasoned Baked Beans Tossed Salad w/ Low Fat Dressing Chilled Fresh & Canned Fruit Plain Gelatin – Extra  <b>Condiments</b>  <b>Chilled Fat – Free / Low Fat Milk</b>  <b>Snack</b>  Chilled Canned Mixed Fruit Whole Grain Graham Crackers	<b>21</b> <b>Lunch</b> Whole Grain Pepperoni Skinny Crust Pizza Seasoned Whole Kernel Corn Tossed Salad w/ Low Fat Dressing Chilled Fresh & Canned Fruit <b>Condiments</b>  <b>Chilled Fat – free / Low Fat Milk</b>  <b>Snack</b>  Chilled Fresh Orange Slices – (6 pcs.) Cheddar Cheese Cup	<b>22</b> <b>Lunch</b> Sliced Turkey & Cheese/ Bun / French Bread Waffles Cut French Fries Sandwich Salad Broccoli Florets & Carrot Sticks w/ Ranch Dressing Chilled Fresh & Canned Fruit <b>Condiments</b>  <b>Chilled Fat – Free / Low Fat Milk</b>  <b>Snack</b>  Berry Yogurt Parfait Whole Grain Graham Crackers
<b>25</b> <b>Lunch</b> Red Beans w/ Smoke Sausage Steamed Rice Candid Sweet Potatoes Tossed Salad w/ Low Fat Dressing Whole Grain Cornbread Chilled Fresh & Canned Fruit  <b>Chilled Fat – Free / Low- Fat Milk</b>	<b>26</b> <b>Lunch</b> Beef Meat Sauce Garnished Spaghetti Seasoned Broccoli Spears Tossed Garden Salad w/ Low Fat Dressing Whole Grain Garlic Bread Chilled Fresh & Canned Fruit  <b>Chilled Fat- Free/ Low- Fat Milk</b>	<b>27</b> <b>Lunch</b> Cheeseburger / Bun / French Bread Hamburger Small Cut Potato Wedges Sandwich Salad w/ Fresh Spinach / Onion Ring Broccoli Florets & Carrot Coins w/ Ranch Dressing Chilled Fresh & Canned Fruit <b>Condiments</b>  <b>Chilled Fat – Free / Low- Fat Milk</b>	<b>28</b> <b>Lunch</b> General Tso Chicken Vegetable Rice Seasoned Green Beans Tossed Salad w/ Low Fat Dressing Whole Grain Roll Chilled Fresh & Canned Fruit  Whole Wheat Sugar Cookie - Extra  <b>Chilled Fat- Free / Low -Fat Milk</b>	<b>29</b> <b>Lunch</b> Whole Grain Pepperoni Skinny Crust Pizza Seasoned Whole Kernel Corn Tossed Salad w/ Low Fat Dressing Broccoli & Florets & Carrot Coins w/ Ranch Dressing Chilled Fresh & Canned Fruit  <b>Chilled Fat – Free Low- Fat Milk</b>

<b>Snack</b> Assorted Nutri Grain Cereal Bar Chilled Assorted Milk	<b>Snack</b> Whole Grain Toaster Pastry Chilled Apple Juice	<b>Snack</b> Assorted Yogurt Whole Grain Graham Crackers	<b>Snack</b> 1/2 Ham & Cheese Sandwich Chilled Grape Juice – 6oz.	<b>Snack</b> 1/2 Turkey & Cheese Sandwich Chilled Fruit Juice – 6oz.

**Menu Subject to Change**

Available Daily	Choice Of Cold Milk Daily
All meals offer a choice of Canned or Fresh Fruit, and a variety of Condiments	Fat Free <b>Chocolate</b> , Low Fat , & Skim

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